

COURSE

LEVEL 2 ANATOMY & PHYSIOLOGY MODULE

This anatomy & physiology module will cover the different systems of the human body that relate to exercise, and give you the foundation knowledge and understanding in-regards to A&P for exercise.

REVIEW QUESTIONS & QUIZ

By the end of this module, learners should be able to:

- Describe the roles and functions of the different systems of the body
- Understand the interactions between these systems
- Describe the short-term changes and long-term adaptations that happen to the body in response to exercise

You will need to watch/complete all presentations / sections of this module.

REVIEW QUESTIONS & QUIZ

There are some review questions at the end of each presentation/section and there is a review quiz at the end of this module that you must pass to complete.

There are 30 multiple choice questions, and the pass mark is 70%. You will get your score, but not the correct answers, in case you need to retake the quiz again to reach the required standard.

